**ASSIGNMENTS FOR Foundation Week:**

**Theme:** *Developing habits, attitudes, and commitments that ensure Christian growth.*

**Emphasis:** *The indwelling Christ: Controlling All*

**Assigned Reading and Response**:

Underline or highlight parts of the chapters that have meaning for you and feel free to write in the margins when something has special meaning or something is revealed to you about your life and situation.

**Day 1:**

***Survival Kit***: Read Preface pg. 3-6 and Day 1 pgs. 7-9 and answer the questions on each page:

**Bible:** Read John chapter 1 and Psalm chapter 1 and 2

Video: *Introduction*

**Day 2:**

***Survival Kit*:** Read Day 2 pgs. 10-12 and answer the questions on each page:

**Bible**: Read John chapter 2 and Psalm chapter 3 and 4

**Day 3:**

***Survival Kit*:** Read Day 3 pgs. 13-15 and answer the questions on each page:

**Bible:** Read John chapter 3 and Psalm chapter 5 and 6

**Day 4:**

***Survival Kit*:** Read Day 4 pgs. 16-18 and answer the questions on each page:

**Bible:** Read John chapter 4 and Psalm chapter 7 and 8

**Day 5:**

***Survival Kit*:** Read Day 5 pgs. 19-21 and answer the questions on each page:

**Bible:** Read John chapter 5 and Psalm chapter 9 and 10

* Spend the next 12-15 minutes in worship and contemplation, thinking on the things from this week’s activities. Watch Kari Jobe- *Forever* : <https://www.youtube.com/watch?v=huFra1mnIVE>

Your questions are listed below. After carefully and thoroughly answering these questions, simply copy and paste them to your instructor’s email for feedback

**Foundation Week Questions:**

1. Fill in the chart on page 21 to the best of your ability. Then check to see how you did.
2. Give a brief summary of your Bible Readings for Foundation Week.
3. List 3-5 key points that were discussed in the book readings and video and then give your understanding for each of those key points.
4. What key points were the most meaningful for you?
5. Based on what you have learned in this week/lesson, are there any areas of your life or anything that you will begin to do or think of differently?
6. Ask any question or make any comments to your instructor for feedback.

Copy and paste the questions and your responses to your instructor:

After you have emailed the responses to the questions: **Finish the week by writing a two paragraph minimum reflection on your session/week**. Then e-mail your reflection to your instructor.

Reflection should include the following:

* what you learned
* what had the most value for you or applied to your life
* Any other take-aways.
* E-mail your reflection to your professor
* Move to week 1.